



# NORWICH ABC OPEN 10 Mile Time Trial

## *Incorporating the East District GHS Championship* **Official Results**

Promoted for and on behalf of Cycling Time Trials under their rules and regulations  
on Saturday 3rd July 2021 on course B10/43

Event Secretary – Jason Turner, 2A Kinsale Avenue, Hellesdon, Norwich NR6 5SG

Thankfully, the rain held off and we had a decent afternoon, if a little humid with a breeze that seemed to rise and fall at random. Congratulations to all prize winners, could you please contact me with your preference of either a direct payment to your bank or a cheque in the post.

A special thank you to all those who helped the event to run smoothly. You all did a fantastic job, without you there would be no event:

Timekeepers – Jenny Lusher, Dick Smith and Mike Johnson

Start Observer – Ollie Cozens

Marshal – Andy Blackwell

### **GHS Results**

Position	Name	Club/School	Time
1	Jamie Bretton	VC Baracchi	00:23:49
2	Thomas Lewis	Ely & District CC/B&T Motor Repairs	00:25:37
3	Michael Swindells	Iceni Velo	00:28:59
-	Abbey Thompson	Suffolk Youth Race Team	DNSA

All riders will progress to the National GHS Final on 4<sup>th</sup> September 2021 at Mallory Park circuit.

## Ladies Result

Position	Name	Club	Standard	Time	VOS +/-
1	Gillian Leech	Loose Cannon's Conditioning	00:29:12	00:23:16	00:05:56
2	Denise Hurren	Sole Bay Cycle Sport	00:30:01	00:23:19	00:06:42
3	Kerry Tate	Newmarket Cycling & Triathlon Club	00:28:33	00:23:41	00:04:52
4	Sophie Lee	Team Catenary	00:28:47	00:24:30	00:04:17
5	Sally Withey	Swift Racing	00:29:35	00:25:29	00:04:06
6	Linda Hones	Newmarket Cycling & Triathlon Club	00:30:15	00:25:46	00:04:29
7	Cheryl Tye	Plomesgate CC	00:29:41	00:28:16	00:01:25
8	Caroline Wyke	CC Sudbury	00:31:15	00:32:01	-00:00:46
-	Jane Blackwell	Norwich A B C	00:30:47	DNSA	N/A

## Ladies Vet Result

Position	Name	Club	Standard	Time	VOS +/-
1	Denise Hurren	Sole Bay Cycle Sport	00:30:01	00:23:19	00:06:42
2	Gillian Leech	Loose Cannon's Conditioning	00:29:12	00:23:16	00:05:56
3	Kerry Tate	Newmarket Cycling & Triathlon Club	00:28:33	00:23:41	00:04:52
4	Linda Hones	Newmarket Cycling & Triathlon Club	00:30:15	00:25:46	00:04:29
5	Sophie Lee	Team Catenary	00:28:47	00:24:30	00:04:17
6	Sally Withey	Swift Racing	00:29:35	00:25:29	00:04:06
7	Cheryl Tye	Plomesgate CC	00:29:41	00:28:16	00:01:25
8	Caroline Wyke	CC Sudbury	00:31:15	00:32:01	-00:00:46
9	Jane Blackwell	Norwich A B C	00:30:47	DNSA	N/A

## Scratch Results

Position	Name	Club	Standard	Time	VOS +/-
1	Dan Blackburn	Epic Orange Race Team	00:26:19	00:20:48	00:05:31
2	Julian Bosley	Stowmarket & District CC	00:26:51	00:21:10	00:05:41
3	Peter Kerry	Plomesgate CC	00:26:19	00:21:15	00:05:04
4	Stuart Supple	VC Baracchi	00:26:27	00:21:19	00:05:08
5	Dave Clark	Orwell Velo	00:26:19	00:21:22	00:04:57
6	Andrew Grant	Cambridge CC	00:28:58	00:21:23	00:07:35
7	Paul Hayward	VC Baracchi	00:26:14	00:21:41	00:04:33
8	John Swindells	Iceni Velo	00:26:36	00:21:58	00:04:38
9	David Ackerley	Team JMC	00:26:14	00:21:58	00:04:16
10	Colin Lizieri	Cambridge CC	00:28:30	00:22:09	00:06:21
11	Andy Kennedy	Ipswich BC	00:27:24	00:22:10	00:05:14
12	Lee Garrod	Sole Bay Cycle Sport	00:27:07	00:22:23	00:04:44
13	Adrian Rudd	Westhorpe Racing Team	00:27:37	00:22:27	00:05:10
14	Rhys Payne	Porth & District CC	N/A	00:22:31	N/A
15	Gary Smith	Team Velovelocity	00:26:41	00:22:48	00:03:53
16	Matthew Holland	Great Yarmouth C C	N/A	00:22:56	N/A
17	Antony Stapleton	North Essex Velo	00:27:18	00:23:00	00:04:18
18	Ian Newby	Diss & District CC	00:26:56	00:23:02	00:03:54
19	Sandy Telfer	Norwich A B C	N/A	00:23:10	N/A
20	Phil Jarvis	Colchester Rovers CC	00:27:24	00:23:18	00:04:06
21	Neil Stevens	Tri Harder	00:26:41	00:23:39	00:03:02
22	Martin Lewis	Ely & District CC/B&T Motor Repairs	00:26:36	00:24:17	00:02:19
23	Craig Starling	Ipswich Tri Club	N/A	00:24:18	N/A

24	Graham Dilks	Norwich A B C	00:27:24	00:24:23	00:03:01
25	Brian Carr	Great Yarmouth C C	00:28:39	00:24:26	00:04:13
26	Gary Matthews	Sole Bay Cycle Sport	00:27:51	00:25:16	00:02:35
27	Chris Womack	VC Baracchi	00:30:07	00:25:28	00:04:39
28	Chris Cantwell	West Suffolk Wheelers	00:28:06	00:25:31	00:02:35
29	David Young	West Suffolk Wheelers	N/A	00:25:37	N/A
30	Mark Eastwood	West Suffolk Wheelers	00:27:24	00:25:45	00:01:39
31	John Steed	West Suffolk Wheelers	00:29:42	00:25:54	00:03:48
32	David Smith	North Essex Velo	00:28:22	00:27:22	00:01:00
33	David Fenn	CC Sudbury	00:29:30	00:28:08	00:01:22
34	Allan Schoenherr	Great Yarmouth C C	00:29:19	00:29:54	-00:00:35
-	Siggi Martinsson	Cambridge CC	00:26:23	DNS	N/A
-	William Grainger	Andover Wheelers	00:26:27	DNS	N/A
-	Richard Penska	Norwich A B C	00:27:18	DNS	N/A
-	Graeme Hoyle	VC Norwich	00:27:44	DNS	N/A
-	Angus Toms	Tri-Anglia Triathlon Club	N/A	DNS	N/A
-	Roy Rowland	Loose Cannon's Conditioning	N/A	DNS	N/A
-	Patrick Charlton	Wolsey RC	00:28:13	DNS	N/A
-	Mark Lloyd	Colchester Rovers CC	00:26:51	DNSA	N/A

## Vet on Standard Results

Position	Name	Club	Standard	Time	VOS +/-
1	Andrew Grant	Cambridge CC	00:28:58	00:21:23	00:07:35
2	Colin Lizieri	Cambridge CC	00:28:30	00:22:09	00:06:21
3	Julian Bosley	Stowmarket & District CC	00:26:51	00:21:10	00:05:41
4	Dan Blackburn	Epic Orange Race Team	00:26:19	00:20:48	00:05:31
5	Andy Kennedy	Ipswich BC	00:27:24	00:22:10	00:05:14
6	Adrian Rudd	Westhorpe Racing Team	00:27:37	00:22:27	00:05:10
7	Stuart Supple	VC Baracchi	00:26:27	00:21:19	00:05:08
8	Peter Kerry	Plomesgate CC	00:26:19	00:21:15	00:05:04
9	Dave Clark	Orwell Velo	00:26:19	00:21:22	00:04:57
10	Lee Garrod	Sole Bay Cycle Sport	00:27:07	00:22:23	00:04:44
11	Chris Womack	VC Baracchi	00:30:07	00:25:28	00:04:39
12	John Swindells	Iceni Velo	00:26:36	00:21:58	00:04:38
13	Paul Hayward	VC Baracchi	00:26:14	00:21:41	00:04:33
14	Antony Stapleton	North Essex Velo	00:27:18	00:23:00	00:04:18
15	David Ackerley	Team JMC	00:26:14	00:21:58	00:04:16
16	Brian Carr	Great Yarmouth C C	00:28:39	00:24:26	00:04:13
17	Phil Jarvis	Colchester Rovers CC	00:27:24	00:23:18	00:04:06
18	Ian Newby	Diss & District CC	00:26:56	00:23:02	00:03:54
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27	David Fenn	CC Sudbury	00:29:30	00:28:08	00:01:22
28	David Smith	North Essex Velo	00:28:22	00:27:22	00:01:00
29	Allan Schoenherr	Great Yarmouth C C	00:29:19	00:29:54	-00:00:35

## **Awards**

1<sup>st</sup> Lady: Gillian Leech - £20

2<sup>nd</sup> Lady: Kerry Tate - £15

3<sup>rd</sup> Lady: Sophie Lee - £10

1<sup>st</sup> Lady Vet Standard: Denise Hurren - £20

2<sup>nd</sup> Lady Vet Standard: Linda Hones - £15

3<sup>rd</sup> Lady Vet Standard: Sally Withy - £10

1<sup>st</sup>: Dan Blackburn - £20

2<sup>nd</sup>: Julian Bosley - £15

3<sup>rd</sup>: Peter Kerry - £10

1<sup>st</sup> Vet Standard: Andrew Grant - £20

2<sup>nd</sup> Vet Standard: Colin Lizieri - £15

3<sup>rd</sup> Vet Standard: Andy Kennedy - £10

Team: VC Baracchi

Stuart Supple, Paul Hayward, Chris Womack - £5 each